Name: Najmeh surname: Arabnejed

## **Employment date: 2004**

- Educational backgrounds: technical orthopedic (artificial organs) B.S from medical science university of Esfahan in 1998.
- Physical education and sport science M.S from Islamic Azad university of Tehran in 2002.
- The teacher of physical fitness and aerobic federation in 2005.
- The trainer aerobic and physical fitness of federation in 2005.
- The trainer tennis of federation in 2009.
- The trainer of swimming of federation in 2007.
- Power exercise workshop (exercise with machine), physical fitness federation in 2006.
- The educational work shop of research method at medical science university of Kerman in 2005.
- The Internet work shop of medical science university of Kerman in 2005.
- Work shop and analytical statistic by SPSS soft ware at medical science university of Kerman in 2007.

## **Teaching backgrounds:**

- Physical education (1),(2): At Islamic Azad university of Garmesar in 2002.
- Physical education (1), (2): At medical science university of Korman from 2003 till now.
- The period of physical fitness training for physical education students at Kerman shahid Bahonar university and Zarand Azad university in 2009.
- The trainer of Kerman Tennis School in 2009- 2010.

## **Investigational backgrounds:**

- The difference between an aerobic power in man and women based on LBM in 2002.
- The publication of a book in the field of physical fitness, nutrition and healthcare.