



**Dr. Firoozeh Mirzaee**

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### Education

- PhD in Reproductive Health, Mashhad University of Medical Sciences, Mashhad, Iran, 2016
- MSc in Midwifery Education, Shiraz University of Medical Sciences, Shiraz, Iran, 2008
- BSc in Midwifery, Shiraz University of Medical Sciences, Shiraz, Iran, 2003

### Theses undertaken

- **PhD Thesis:** The explanation of the process of relationship based on medical ethics in natural delivery and develop instrument of study mother's attitude about relationship based on medical ethics in delivery.
- **MSc Dissertation:** The effect of smelling lavender on plasma cortisol, serotonin, 5-HIAA& anxiety status in the labor of nullipar in the labor room of Hafez & Zeinabieh hospitals, Shiraz, 2007-2008.

## Appointments and Professional Activities

- Supervisor, student research committee, Razi school of nursing and midwifery, Kerman, Iran, 2016 up to now.
- Deputy of education in Razi school of nursing and midwifery, Kerman, Iran, 2017 up to now.
- Reviewer, Journal of qualitative research in health sciences, Kerman, Iran, 2015 up to now.

## Papers

- 1- Comparing the effect of acupressure with or without ice in LI-4 point on labour pain and anxiety levels during labour: a randomised controlled trial. [Mirzaee, F.](#), Hasaroeih, F.E., Mirzaee, M., Ghazanfarpour, M. Journal of Obstetrics and Gynaecology, 2021; 41(3), pp. 395-400.
- 2- A model of trust within the mother-midwife relationship: A grounded theory approach. [Mirzaee, F.](#), Dehghan, M. Obstetrics and Gynecology International, 2020, 9185313.
- 3- The Effectiveness of Psycho-Educational and Cognitive-Behavioral Counseling on Female Sexual Dysfunction. [Mirzaee, F.](#), Ahmadi, A., Zangiabadi, Z., Mirzaee, M. Revista Brasileira de Ginecologia e Obstetricia, 2020; 42(6), pp. 333-339.
- 4- The effect and safety of Berberine on polycystic ovary syndrome: a systematic review.  
[Mirzaee, F.](#), Razmjouei, P., Shahrahmani, H., Najaf Najafi, M., Ghazanfarpour, M. Journal of Obstetrics and Gynaecology; 2020.
- 5- The Effect of Dialectic Behavioral Counseling on Depression, Anxiety, and Postpartum Hematocrit Level. Amiri NP, Ahmadi A, [Mirzaee F](#), Mirzai M, Shahrokhi N. Rev Bras Ginecol Obstet. 2021 Apr;43(4):275-282.
- 6- The effect of combination of psychological counseling and acupressure training with couple therapy approach on nausea and vomiting in pregnancy. Zahra Saeedi<sup>‡</sup> Katayoun Alidoosti<sup>‡</sup> [Firoozeh Mirzaee](#)<sup>‡</sup> Atefeh Ahmadi<sup>‡</sup> Tania Dahesh. Iranian Journal of Obstetrics, Gynecology and Infertility. 2019;21(11):71-79.
- 7- Investigating the Relationship between Smartphone Addiction and Loneliness and its Impact on Motivation to Progress in High School Students. Taghizadeh F, Reyhani P, Molavi N, Babakhanian M, Ghazanfarpour M, [Mirzaee F](#), et al. Int J Pediatr 2019; 7(10): 10187-193.

- 8- Advantages and Disadvantages of Methadone among Children and Adults: A Systematic Review and Meta-Analysis. Babakhanian M, Mousavi Kani K, Shojaei H, Mousavi nezhad R, Daneshvar F, Sayehmiri K, Shahrzad Khosravifar, Shaghayegh Khosravifar, Abolfazl Fattah, Masumeh Ghazanfarpour, [Firoozeh Mirzaee](#). Int J Pediatr 2019; 7(9): 10125-139.
- 9- Factors Affecting Child Labor in Iran: A Systematic Review. Int J Pediatr 2019; 7(9): 10067-75. Ghahremani S, Khosravifar Sh, Ghazanfarpour M, Sahraei Z, Saeidi A, Jafarpour H, Zahra Sahraei, Abdolhadi Saeidi, Hamed Jafarpour, Shaghayegh Khosravifar, [Firoozeh Mirzaee](#).
- 10- Respect for woman's decision-making in spontaneous birth: A thematic synthesis study. [Firoozeh MirzaeeRabor](#), Fattaneh Mirzaee, Khadigeh Mirzaei Najmabadi, Ali Taghipour. Iranian journal of nursing and midwifery research. 2016;21:449-57.
- 11- Respect to women's autonomy in Childbirth: A Qualitative Study. [Firoozeh Mirzaee Rabor](#), Ali Taghipour, Khadigeh Mirzaei Najmabadi, Seyed Hosein FattahiMasoum, Masoud Fazilat Pour. Iranian Red Crescent Medical Journal (IRCMJ).2016
- 12- Voices of Mother's Interaction with Midwives in Natural Childbirth: A Qualitative Study. [Firoozeh Mirzaee Rabor](#), Ali Taghipour, Khadigeh Mirzaei Najmabadi. Health.2015;7: 153-160.
- 13- Development and Validation of a questionnaire for measuring Iranian women attitude about medical ethics application in vaginal childbirth. [Firoozeh Mirzaee Rabor](#), Ali Taghipour, Moghaddameh Mirzaee, Khadigeh Mirzaei Najmabadi, Masoud Fazilat Pour, and Seyed Hosein Fattahi Masoum. Journal of Nursing and Midwifery Studies.2015;4(4): 1-7
- 14- The effect of reflexology on primiparous women anxiety. [Firoozeh Mirzaee](#), Masoumeh Kavyani, Peiman jafarie. Hayat. 2011;16(1): 65-71.
- 15- The effect of foot reflexology on pain tensity in first stage of labor and labor duration. [Firoozeh Mirzaee](#), Masoumeh Kavyani, Peiman jafarie. Iranian Journal of Obstetrics, Gynecology and Infertility.2010; 14(8):27-32.
- 16- Evaluation of Maternal, Fetal and Neonatal Complications according to Body Mass Index in Women Referred to Shiraz Health Choice Centers. [Firoozeh Mirzaee](#), Marziyeh Akbarzadeh, Moghadameh Mirzayi. Iranian Journal of Obstetrics, Gynecology and Infertility. 2009;14(8):25-33.
- 17- The Effect of Lavender Essence Smelling during Labor on Cortisol and Serotonin Plasma Levels and Anxiety Reduction in Nulliparous Women. [Firoozeh Mirzaee](#), Sara Keshtgar, Masoumeh Keshtgar, Abdol Reza Rajae Fard. Journal of Kerman university of medical sciences. 2009;3: 245-254.

### Conference presentations

- 1- Development and Validation of a questionnaire for measuring Iranian women attitude about medical ethics application in vaginal childbirth. The 2<sup>nd</sup> international congress on reproductive health and child bearing. May 2017. Tehran, Iran. Oral presentation.
- 2- Doing an active role of mothers in delivery: A grounded theory study. 7<sup>th</sup> Yazd international congress and student Award in reproductive medicine with congress of reproductive Genetic & congress of reproductive Immunology. 2017. Yazd. Iran. Poster presentation.
- 3- Respecting to women's autonomy in childbirth: a qualitative study. The 1<sup>nd</sup> international congress on reproductive health and child bearing. May 2016. Tehran, Iran. Oral presentation
- 4- The Effect of Lavender Essence Smelling during Labor on Cortisol and Serotonin Plasma Levels and Anxiety Reduction in Nulliparous Women. The 3<sup>rd</sup> research festival of post graduate student of Mashhad University of medical sciences, Mashhad, Iran. 2011. Mashhad, Iran. Poster presentation.
- 5- National congress of neonatal health improvement, 2011. Mashhad. Iran.
- 6- Evaluation of Maternal, Fetal and Neonatal Complications according to Body Mass Index in Women Referred to Shiraz Health Choice Centers. The 1<sup>nd</sup> international congress of midwifery and reproductive health. 2011. Mashhad, Iran. Poster presentation.
- 7- 16<sup>th</sup> national and 1<sup>st</sup> international congress on reproductive medicine, 2010. Shiraz, Iran. Poster presentation.
- 8- New research on hormonal family planning in men, 2010. Lar. Poster presentation.
- 9- 8<sup>nd</sup> international congress of Iranian Midwifery and women. 2009. Tehran. Iran. Poster presentation.
- 10- The 2<sup>th</sup> seminar Iranian and Islamic medicine. 2009. Shiraz.
- 11- National congress of adolescent health. 2008. Shiraz. Iran. Oral presentation.

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<b>Books</b>
<ul style="list-style-type: none"> <li>- complication of pregnancy (translate)</li> <li>- Complementary medicine in midwifery ( author)</li> <li>- The principles of preconception health promotion for general practitioners and midwives ( author)</li> </ul>